

<b>Salads</b>	<b>Price</b>		
<b>Summer</b>	<b>\$9.10</b>	Green Leaf & Iceberg, tomatoes, red onion, cucumber, boiled egg, sliced avocado, turkey, croutons	
<b>Cobb</b>	<b>\$8.10</b>	Green Leaf & Iceberg, bacon, turkey, boiled egg, croutons	
<b>Chef</b>	<b>\$8.10</b>	Green Leaf & Iceberg, turkey, ham, tomatoes, cheddar cheese, boiled egg, croutons	
<b>Egg Salad</b>	<b>\$8.10</b>	Green Leaf & Iceberg, tomatoes, egg salad, croutons	
<b>Chicken Salad</b>	<b>\$8.10</b>	Green Leaf & Iceberg, chicken salad, tomatoes, croutons	
<b>Tuna Salad</b>	<b>\$8.10</b>	Green Leaf & Iceberg, tuna salad, tomatoes, croutons	
<b>Spinach</b>	<b>\$8.10</b>	Spinach leaves, turkey, boiled egg, dried cranberries, cheddar cheese, sliced almonds	
<b>Garden Salad</b>	<b>Small \$3.95 - Large \$6.10</b>	Green Leaf & Iceberg, tomatoes, red onions, cucumbers, croutons	

All salads have one french roll included

<b>Dressing choices served on the side</b>		<b>YOUR NAME:</b>
<b>Buttermilk Ranch</b>		
<b>Blue Cheese</b>		<b>SPECIAL INSTRUCTIONS:</b>
<b>Golden Italian</b>		
<b>Fat Free Italian</b>		<b>DRINK:</b>
<b>Fat Free Raspberry Vinaigrette</b>		<b>COOKIE:</b>
<b>Balsamic Vinaigrette</b>		<b>CHIPS:</b>

Please Fax Order to (562)429-5779 or Order online [\*\*www.groundscafe.com\*\*](http://www.groundscafe.com)

Grounds Bakery Café                      6277 E. Spring St. Long Beach CA 90808

Ph. (562)429-5661

Please Fax Lunch Orders at least 3 hours before.