

Salads	Price	
Summer	\$9.10	Green Leaf & Iceberg, tomatoes, red onion, cucumber, sprouts, boiled egg, sliced avocado, turkey, croutons
Cobb	\$8.10	Green Leaf & Iceberg, bacon, turkey, boiled egg, croutons
Chef	\$8.10	Green Leaf & Iceberg, turkey, ham, tomatoes, cheddar cheese, boiled egg, croutons
Egg Salad	\$8.10	Green Leaf & Iceberg, tomatoes, egg salad, croutons
Chicken Salad	\$8.10	Green Leaf & Iceberg, chicken salad, tomatoes, sprouts, croutons
Tuna Salad	\$8.10	Green Leaf & Iceberg, tuna salad, tomatoes, sprouts, croutons
Spinach	\$8.10	Spinach leaves, turkey, boiled egg, dried cranberries, cheddar cheese, sliced almonds
Spring	\$8.10	Organic Spinach & Arugula with chicken breast, diced mangos, walnuts, dried cranberries, hard boiled egg
Garden Salad	Small \$3.95 - Large \$6.10	Green Leaf & Iceberg, tomatoes, red onions, cucumbers, sprouts, croutons

All salads have one french roll included

Dressing choices served on the side	YOUR NAME:
Buttermilk Ranch	
Blue Cheese	SPECIAL INSTRUCTIONS:
Golden Italian	
Fat Free Italian	DRINK:
Fat Free Raspberry Vinaigrette	COOKIE:
Balsamic Vinaigrette	CHIPS:

Please Fax Order to (562)429-5779 or Order online www.groundscafe.com

Grounds Bakery Café 6277 E. Spring St. Long Beach CA 90808

Ph. (562)429-5661

Please Fax Lunch Orders at least 3 hours before.