



ORDER ONLINE AT WWW.GROUNDS.CAFE.COM

Salads	Price		
Summer	\$8.95	Green Leaf & Iceberg, tomatoes, red onions, cucumbers, sprouts, boiled egg, sliced avocado, turkey, croutons	
Cobb	\$7.95	Green Leaf & Iceberg, bacon, turkey, boiled egg, croutons	
Chef	\$7.95	Green Leaf & Iceberg, turkey, ham, tomatoes, cheddar cheese, boiled egg, croutons	
Egg Salad Plate	\$6.95	Green Leaf & Iceberg, tomatoes, egg salad, croutons	
Chicken Salad Plate	\$6.95	Green Leaf & Iceberg, chicken salad, tomatoes, sprouts, croutons	
Tuna Salad Plate	\$6.95	Green Leaf & Iceberg, tuna salad, tomatoes, sprouts, croutons	
Spinach	\$7.95	Spinach leaves, turkey, boiled egg, dried cranberries, cheddar cheese, sliced almonds	
Garden Salad	Small \$3.95 - Large \$5.95	Green Leaf & Iceberg, tomatoes, red onions, cucumbers, sprouts, croutons	

All salads have one french roll included

Dressing choices served on the side		Your Name: _____
Buttermilk Ranch		
Blue Cheese		Special Instructions: _____
Golden Italian		_____
Fat Free Italian		_____
Fat Free Raspberry Vinaigrette		_____
Balsamic Vinaigrette		_____

Please Fax Order to (562)429-5779

Grounds Bakery Cafe 6277 E. Spring St. Long Beach CA 90808

Phone # (562)429-5661

Please Fax Lunch Orders at least 3 hours before.